



## **Netherlands Au Pair Organisation (NAPO)**

### **Regulations IIIA :**

Establishing a list of light household chores that may/may not be expected of the au pair by the host family

**Second amended version as determined by the General Member's Assembly on June 11<sup>th</sup> 2005**

#### **Light household chores:**

- \* Washing dishes
- \* Loading and unloading the dishwasher
- \* Preparing simple meals
- \* Keeping the kitchen in order and general tidying up
- \* Shopping for light groceries
- \* Loading laundry into the washing machine
- \* Packing away laundry/clothes
- \* Ironing
- \* Tidying and cleaning of children's room(s)
- \* Tidying and cleaning of own room(s)
- \* Tidying and cleaning in general
- \* Vacuuming
- \* Dusting
- \* Keeping floors clean
- \* Taking out garbage but only on the ground floor
- \* Walking and feeding pets
- \* Watering plants and taking care of plants/flowers
- \* Making and changing beds